



# FIO HOSPITAL NEWSLETTER

Seeing is Believing

January to March 2024





# NEWSLETTER

January to March 2024

**VOLUME-03**







## A Brief Insight About our Hospital


FIO hospital offers a comprehensive range of inpatient and outpatient services for routine eye checkup and eye ailments. Staffed by experienced ophthalmic surgeons, the hospital is equipped with state of the art equipment, which helps in providing excellent eye care to the patients. It provides a full range of services ranging from routine vision care to laser treatment for eye surgeries. Surgical procedures for cataract, glaucoma and squint correction are routinely performed. The technique of Phacoemulsification and foldable Intra ocular lens are also available. Patients with retinal diseases can get treatment for most of the retinal disorders, as the department is equipped with Spectral domain OCT machine, Ultrasound A/B scan, etc. Procedures like O.C.T. (Optical Coherence Tomography), Argon laser photocoagulation, Pentacam Corneal Topography, Visual fields, Intravitreal injections for conditions like Diabetic retinopathy, Retinal vascular occlusions, Age related macular degeneration etc are routinely performed. The department also provides comprehensive care for all kinds of Glaucoma patients including gonioscopy, automated Perimetry and Spectral domain OCT scanning. Common industrial accidents like foreign body in the eye, burns and other trauma are promptly attended to any time.





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“We are  
committed to  
Prioritizing your  
health and  
vitality”

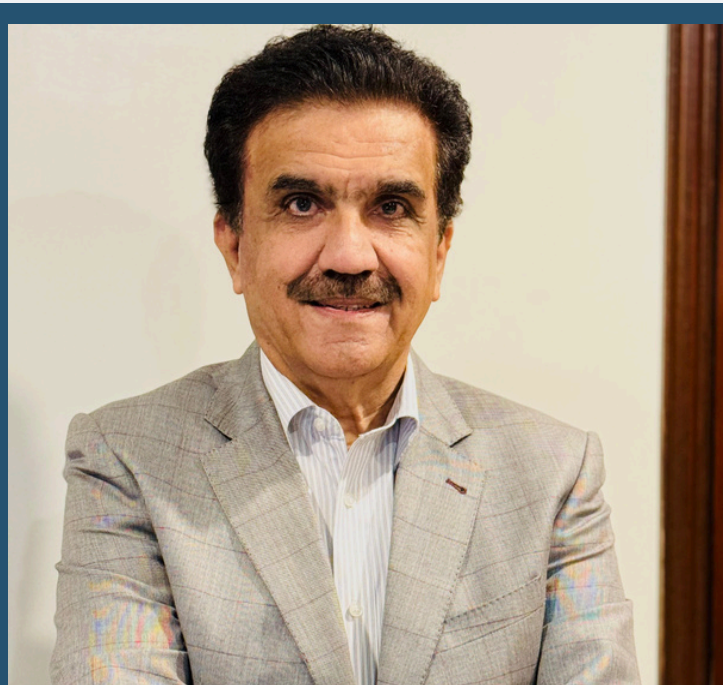
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# Our Hospital's Staff

At FIO hospital, patient care and staff well-being are given equal priority in a collaborative and encouraging work atmosphere. Dedicated healthcare experts who are enthusiastic about improving the lives of our patients make up our team. We place a high importance on cooperation, open communication, and respect because we understand that each person is essential to attaining our group objectives. As part of our dedication to ongoing development, we offer chances for professional advancement and progress, making sure that our employees have the tools and assistance they require to succeed in their positions.

## CONSULTANTS



**Prof. Dr. Naeem Khattak**  
Senior Consultant Ophthalmologist



**Prof. Dr. Mushtaq Ahmad**  
Senior Consultant Ophthalmologist



**Dr. Hina Mehwish**  
Consultant Radiologist



**Prof. Dr. Lal Muhammad**  
Senior Consultant Ophthalmologist



**Prof. Dr. Zaman Shah**  
Senior Consultant Ophthalmologist



**Dr. Noor ul Hussain**  
Consultant Ophthalmologist



**Dr. Adnan Alam**  
Consultant Ophthalmologist



**Dr. Irum Jehan Afridi**  
Consultant Ophthalmologist



**Dr. Syed Nasir Ali Shah**  
Consultant Ophthalmologist



## DIRECTORS



**Dr. Hina Mehwish Khan**  
Medical Director



**Mr. Rizwan Pirzada**  
Hospital Director

## HR DEPARTMENT



**Ms. Hina Shikhani**  
HR Manager



**Ms. Faiza Bibi**  
Assistant Manager

## IT DEPARTMENT



**Mr. Ali Haider**  
IT Manager



**Mr. Saim Ahmad**  
IT Support Officer

The administration staff at FIO Hospital are the unsung heroes who form the backbone of our institution. Their dedication, efficiency, and expertise ensure the seamless functioning of every aspect within our healthcare facility. From managing patient records to coordinating schedules, from handling finances to ensuring regulatory compliance, their tireless efforts keep the hospital running smoothly day in and day out. Their commitment to excellence and their ability to navigate complex administrative tasks with precision are instrumental in delivering high-quality care to our patients. We are immensely grateful for their hard work and steadfast support, as they play a vital role in upholding FIO Hospital's reputation as a beacon of healthcare excellence in our community.



# MAINTENANCE DEPARTMENT



Mr. Abdullah Afridi  
Maintenance Manager



Mr. Saqib Ullah  
Electrician



Mr. Sajjad Khan  
Contractor



Mr. Habib Khan  
Driver



Mr. Sajid Khan  
House Keeping Supervisor



Mr. Qasim Tasneem  
Male Fitness Trainer

# MEDIA DEPARTMENT



Ms. Nighum Adil  
Media Supervisor



Mr. Asim Khan  
Media Intern



Ms. Rimsha Khalid  
Graphic Designer

The maintenance and media staff at FIO Hospital are integral members of our team, contributing significantly to the smooth operation and positive image of our institution. The maintenance team works tirelessly behind the scenes to ensure that our facilities are clean, safe, and conducive to healing. From repairing equipment to maintaining infrastructure, their diligence ensures that our patients receive care in a comfortable environment. Meanwhile, the media staff play a crucial role in communicating the hospital's message to the community. Through their efforts in marketing, public relations, and digital outreach, they help to foster trust, awareness, and engagement with our services.



# FINANCE DEPARTMENT



**Ms. Manahil Shahid**  
Finance Manager



**Mr. Muhammad Rahim**  
Accountant



**Mr. Faisal Shehzad**  
Accountant



**Ms. Tajalla Shah**  
Finance Officer



**Mr. Junaid Siddiqui**  
Procurement Officer

The finance department and optometrists at FIO Hospital are pivotal components in our commitment to delivering exceptional healthcare services. The finance team meticulously manages the hospital's financial resources, and inventory ensuring that budgets are allocated efficiently and transparently. On the other hand, our optometrists bring specialized knowledge and skills to diagnose and treat a wide range of eye conditions. Their dedication to preserving and improving vision enhances the well-being of our patients, whether through routine eye exams, advanced treatments, or surgical interventions.

# OPTOMETRIST



**Ms. Mawarah Imtiaz**  
Senior Optometrist



**Mr. Arif Wazir**  
Senior Optometrist



**Ms. Sahar Anjum**  
Senior Optometrist



**Ms. Mehreen Ahmad**  
Senior Optometrist





Ms. Fatima Saba  
Optometrist



Ms. Saba Ali  
Optometrist



Ms. Shamim Bibi  
Optometrist



Ms. Wafa Waheed  
Optometrist



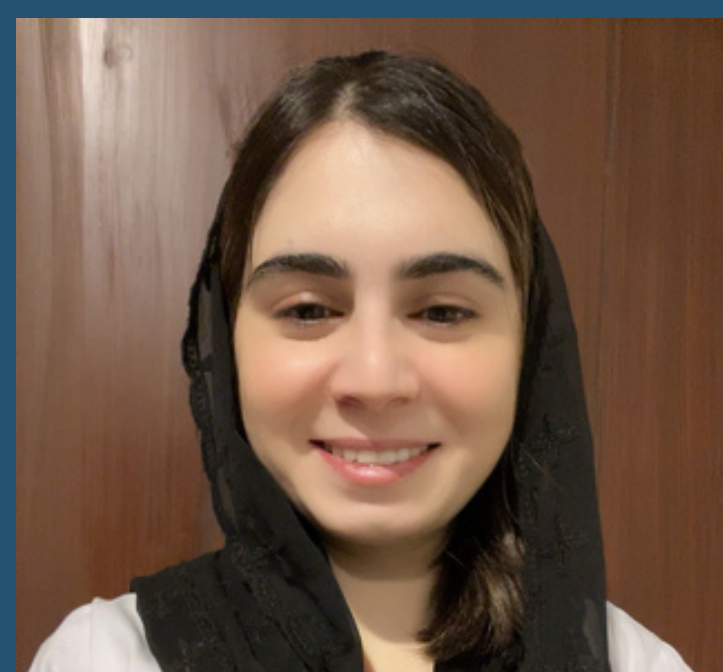
Ms. Nimra Zaheer  
Senior Optometrist



Mr. Aliyan Ali  
Optometrist



Mr. Abdur Rehman Siddiqui  
Optometrist



Ms. Yalda Gul  
Senior Optometrist



Ms. Irum Rehman  
Optometrist



Ms. Anum Ali  
Optometrist



Ms. Jasra Khan  
Optometrist



Ms. Hina Hilal  
Optometrist



# LAB TECHNOLOGISTS



**Ms. Sabra Gul**  
Lab Technologist



**Mr. Azhar Mahmood**  
Phlebotomist

# FRONT DESK OFFICERS



**Ms. Eman Afridi**  
Front Desk Officer



**Mr. Zia Ullah**  
Front Desk Officer



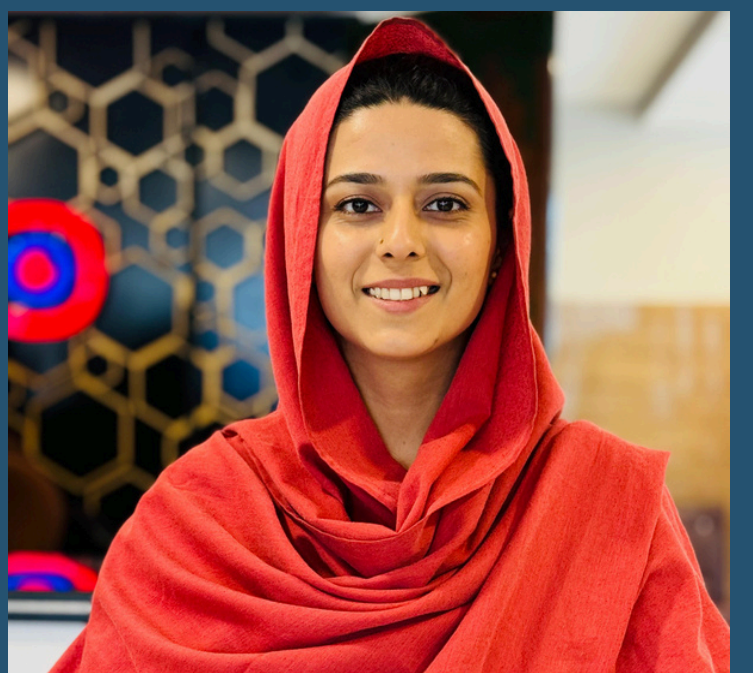
**Mr. Amir Khan**  
Front Desk Officer



**Mr. Muhammad Hilal**  
Front Desk Officer



**Mr. Daud Khan**  
Medical Transcriptionist



**Ms. Tahmina Walizada**  
Front Desk Officer



**Mr. Abdullah Faiz**  
Front Desk Officer



**Mr. Shehzad Hussain**  
PRO



**Mr. Zeeshan**  
PRO



# OPTICIAN



Mr. Muhammad Mazz  
Optician



Mr. Shah Fahad  
Optician



Mr. Hamzullah  
Optician



Ms. Jawairia Shaheen  
Sales Representative

# PHARMACIST



Mr. Muhammad Haroon  
Pharmacy Supervisor



Mr. Imran Khan Khalil  
Pharmacy Technician



Ms. Kiran Zakir  
Pharmacist

Opticians and pharmacists at FIO Hospital are indispensable members of our healthcare team, each playing a vital role in ensuring the well-being of our patients. Opticians specialize in providing expert guidance on eyewear selection, fitting, and maintenance, offering personalized solutions to enhance visual clarity and comfort. Their attention to detail and commitment to optimal vision contribute to improving the quality of life for our patients. Pharmacists, on the other hand, are essential in providing pharmaceutical care, ensuring the safe and effective use of medications.



# OT STAFF



**Mr. Rafiq Ullah**  
Laser Manager



**Mr. Zeeshan Ayaz**  
OT Assistant



**Mr. Asad**  
Anesthesia Technician



**Mr. Farman Khan**  
OT Assistant



**Mr. Muhammad Haris**  
OT Assistant



**Mr. Ahmed Islam**  
Male Nurse

Operating Theatre (OT) staff play a vital role in assisting surgeons during surgeries, ensuring smooth and efficient procedures. From surgical technicians to nurses and anesthetists, each member of the team contributes expertise and coordination to create a safe environment for the patient. They prepare the operating room, arrange surgical instruments, and maintain sterile conditions throughout the procedure.



Get Rid of Your Glasses Now!



"Your vision will become clear only when you can look into your own heart. Who looks outside, dreams; who looks inside, awakes."

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FRONTIER INSTITUTE OF OPHTHALMOLOGY  
Opposite Hayatabad Medical Complex, Peshawar.  
Phone: 0333-4462973



# New year Celebration



Every year, on New Year's Eve, FIO Hospital turns into a lively place full of happiness and excitement! Everyone in the hospital, doctors, all FIO staff comes together to celebrate. The hospital gets all dressed up with colorful decorations, and you can hear music playing and laughter echoing through the halls. It's a special time when we wave goodbye to the old year and welcome the new one with open arms. People talk about their wishes and dreams for the future, hoping for good things to come. When the clock shows midnight, there's a huge shout of joy as everyone celebrates the start of a brand new year, filled with hope and possibilities.









"The eyes are  
the windows to  
the soul; keep  
them clear and  
bright."

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# Basic Life Support Training



Rescue 1122 held a Basic Life Support Orientation Course at the FIO Hospital. Our employees were briefed by a trainer from Rescue 1122 on the organization's involvement in emergencies, the value of emergency management, and the important role and services Rescue 1122 provides during emergency management in Pakistan. The participants received hands-on instruction from trainers on how to handle various emergency situations, including first aid, firefighting, accident handling, heart attack, CPR, bleeding control, fracture management during emergency conditions, and other emergency services. Rescue 1122's Basic Life Support and Fire Safety Orientation course seeks to provide FIO personnel with the necessary knowledge so they can play a crucial role in the event of any unanticipated circumstances by cultivating a professional approach for any emergency or disaster.







"The world is a canvas;  
your eyes the paintbrush.  
Keep them vibrant."

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# FIO HOSPITAL MOU WITH RMI

In a noteworthy development, Rehman Medical Institute (RMI) and Frontier Institute of Ophthalmology (FIO) have officially inked a Memorandum of Understanding.


This strategic agreement is geared towards advancing clinical skills through the mutual exchange of expertise, with a specific aim to establish groundbreaking standards in both Optometry and Radiology.











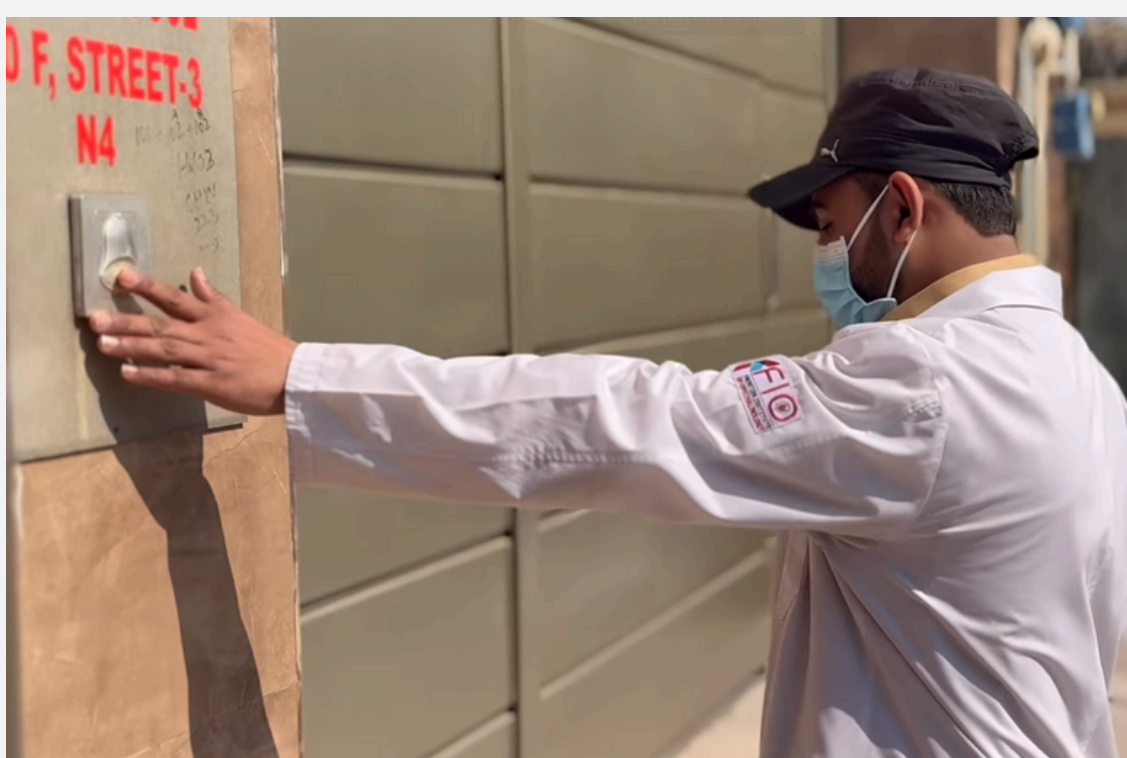
"Don't let the light fade  
from your eyes; cherish  
every moment with  
clarity."

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# FIO HOME SAMPLE COLLECTION SERVICES

FIO Hospital is offering healthcare delivery with its innovative home lab services, ensuring that patients receive comprehensive care from the comfort of their own homes. By offering full lab services directly to patients' doorsteps, FIO Hospital is breaking down barriers to access for individuals who may face challenges in visiting a hospital or laboratory. With a team of skilled lab technologists equipped with portable equipment, patients no longer need to navigate the inconvenience and discomfort of traveling to a medical facility for blood tests or other diagnostic procedures. Instead, they can rely on the expertise and convenience of FIO Hospital's home lab services, ensuring timely and accurate results without sacrificing comfort or quality of care.





# Low Vision Awareness Session



2-days training workshop on “Clinical and Functional Low Vision Management”.

Trainer: Muhammad Imshad Khan (Assistant Prof, Vision Sciences, RMI).





"Your eyes reflect your  
vitality; ensure they shine  
with health."

[www.fiohospital.com](http://www.fiohospital.com)



# VISUMAX 800

## (SMILE PRO)

The VISUMAX 800 is the latest generation of Zeiss femtosecond laser. This ground-breaking laser system will be first time equipped in Pakistan at FIO Hospital, and second in Asia region.

Discover SMILE Pro, the world's first robotic laser vision correction technology. SMILE Pro is the newest and latest technology available in laser vision correction. SMILE Pro halves the laser treatment time, making it a faster procedure than ever before. Offering a quicker and more comfortable experience for patients.

## Right on Target

### Faster. Robotic Connected





# GLAUCOMA AWARENESS WEEK



Prof. Dr. Daud (Senior Consultant Ophthalmologist) as a chief guest, bringing expertise and inspiration to our mission of combating this sight- threatening condition.

Together let's shine a light on glaucoma and promote vision health for all.







YOUR HEALTH IS OUR  
PRIORITY

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